

The Ultimate Traveler's Checklist

Included in the Pack It Up Book & DVD

Basics

- ☐ Zip-top Plastic Bags
- ☐ Dry Cleaner Bags
- ☐ Compression Bags
- ☐ Flashlight, Extra Batteries
- ☐ Travel Alarm
- ☐ Spare Glasses, Contacts
- ☐ Address Book, Labels
- ☐ Photos From Home
- ☐ Flip Flops, Thongs
- ☐ Tissues
- ☐ Expandable Tote Bag

Personal Care Items

- ☐ Hanging Toiletry Kit
- ☐ Personal Hygiene Items
- ☐ Nail Clippers
- ☐ Pain Reliever, Antacids
- ☐ Insect Repellent
- ☐ Sunscreen, Lip Balm
- ☐ First Aid Kit, Band-Aids
- ☐ Washcloth
- ☐ Vitamins
- ☐ Motion Sickness Remedy
- ☐ Perfume Atomizer
- ☐ Laundry Kit, Travel Soap
- ☐ Microfiber Travel Towel

Clothing

- ☐ Walking Shoes
- ☐ Sandals, Thongs
- ☐ Dress Shoes
- ☐ Socks & Hosiery
- ☐ Lingerie
- ☐ Belts & Accessories
- ☐ Skirts, Dress
- ☐ Casual Pants & Shorts
- ☐ T-Shirts (short & long sleeve)
- ☐ Sport Coat & Dress Pants
- ☐ Suit & Dress Shirts
- ☐ Neck Tie, Silk Scarf
- ☐ Sweaters
- ☐ Swim Wear, Sarong
- ☐ Sleep Wear
- ☐ Athletic Wear, Runners
- ☐ Rain Coat with Hood
- ☐ Gloves, Hat, Scarf

Safety & Security

- ☐ Security Wallet
- ☐ (passport, credit cards, cash, airline tickets, atm card, etc.)
- ☐ Photocopies of all documentation
- ☐ Photos of travel companions
- ☐ TSA Luggage Locks
- ☐ Whistle, Compass

...and in your Carry-On Bag

- ☐ Anything Valuable
- ☐ Purse, Wallet, Coin Purse
- ☐ Medications
- ☐ Camera, Film, Batteries
- ☐ Healthy Snack & Water
- ☐ Neck Pillow, Eye Shades & Ear Plugs
- ☐ Toothbrush, Toothpaste
- ☐ Change of clothes
- ☐ Glasses, Sunglasses
- ☐ Make-up, Moisturizer
- ☐ iPod, CD Player, CD's
- ☐ Reading Material

For Work

- ☐ Briefcase
- ☐ Laptop Computer, Battery, Modem
- ☐ Cell Phone, PDA, etc.
- ☐ Converters, Adapters
- ☐ Extension Cord, Calculator
- ☐ Rubber Bands, Paper Clips
- ☐ Business Cards
- ☐ Highlighter Pen, Marker

Easy To Pack Gifts

- ☐ Playing Cards, Dice
- ☐ Frisbee, Bubbles, Games
- ☐ Bandana, Hat, Scarf
- ☐ Inflatable Beach Ball
- ☐ Packable Gifts Bags, Cards

If You Still Have Room

- ☐ Travel Umbrella
- ☐ Currency Converter
- ☐ Sewing Repair Kit
- ☐ Eye-glass repair kit
- ☐ Duct Tape
- ☐ Hair Dryer, Slippers
- ☐ Pedometer

For more packing tips and The Ultimate Traveler's Checklist™ read "Pack It Up" The Essential Guide to Organized Travel by Anne McAlpin available from www.PackItUp.com